



## Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



### Talk About the Bible Story

Open the Bible together and read Proverbs 25:16 or watch the video together on the Parent Cue app.

### Engagement Questions

- What are some things that are harder to show self-control with?
- Why is it hard to **know when to stop** sometimes?
- What can you do when you are having a hard time showing self-control?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



### Prayer

“God, we are so thankful for all of the amazing things You give us to enjoy. Help us this week in the areas where we could have more self-control. Help us to trust You, and to know when to stop before it's too much. We love You, and we pray these things in Jesus' name. Amen.”

Weekly Parent Cues →

### MEMORY VERSE

God's power has given us everything we need to lead a godly life.  
2 Peter 1:3a, NIV

# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them about a time when you saw them exercise self-control with food or a game or spending money. (If it's good, make sure you don't tie your compliment to something that may reinforce a negative body image.)



### Meal Time

At a meal this week, have everyone at the table answer this: “Name a game, food, show, etc. that you love, and once you start it's hard for you to stop.”



### Drive Time

While on the go, ask your kid: “If you could eat one food every day for the rest of your life, what would it be?”



### Bed Time

Pray for each other: “Jesus, help us to practice self-control with things. May a game, food, a collection, or anything else never control us. Help us to know when to stop.”

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

